

BRUNCH - ALL DAY

'RUSTICA SOURDOUGH' TOAST WITH HOUSE MADE PRESERVES (ORGANIC WHITE OR QUINOA SOY & LINSEED, VEGEMITE AND PEANUT BUTTER ALSO AVAILABLE)	7
GLUTEN FREE BREAD EXTRA	1
'RUSTICA' SPICED FRUIT LOAF - WITH CULTURED BUTTER	8.5
CREAMY PORRIDGE - POACHED FRUIT, TOASTED SUNFLOWER SEEDS (VGO)	10
DR MARTY'S CRUMPETS - HOUSE MADE CULTURED BUTTER, ORGANIC HONEY (VGO)	12
ADD COMPOTE	3
WILLOW ZEN PASTURE FED FREE RANGE EGGS - POACHED OR SCRAMBLED, HERB SALAD ON SOURDOUGH TOAST	13
ADD FAT BACON	7
ADD THIN BACON / SAUSAGE / POTATO ROSTI	5.5
ADD ROSEMARY MUSHROOMS	4
BREAKFAST BOWL - A NUTRITIOUS START TO YOUR DAY, SEE SPECIALS BOARD	MP
HOUSE MADE WAFFLE - VANILLA MASCARPONE, HOT CHOCOLATE SAUCE, CANDIED WALNUTS	16.5
FRENCH TOAST - BACON, MAPLE SYRUP AND FRUIT COMPOTE	17
CHILLI & FETA SCRAMBLED EGGS WITH SOFT HERB SALAD, SOURDOUGH TOAST	17
ADD FAT BACON	7
ADD THIN BACON	5.5
OMELETTE - PUMPKIN, MUSHROOM, SWISS CHARD, FETA, TRUFFLE OIL ON PUMPKIN SOURDOUGH TOAST	18
TODAY'S SALAD - SEE SPECIALS BOARD	MP
TROUT SCRAMBLE - SMOKED OCEAN TROUT, RICOTTA, SCRAMBLED EGG, CORIANDER PESTO, HERB SALAD, SOURDOUGH TOAST	18.5
SMASHED AVOCADO - GOAT'S CURD, SALSA VERDE, SOURDOUGH TOAST (VGO)	18.5
ADD FAT BACON	7
ADD THIN BACON / SAUSAGE / POTATO ROSTI	5.5
ADD FREE RANGE EGG	3.5
LBK BREKKY - FREE RANGE POACHED EGGS, THIN BACON, SAUSAGE, TOMATO, ROSEMARY MUSHROOMS, SOURDOUGH TOAST	23.5

SANDWICHES

BRAT - BACON, ROQUETTE, AVOCADO, TOMATO, MAYO ON CIABATTA	14.5
SANGA - BACON, SCRAMBLED EGGS, TOMATO CHUTNEY, AIOLI ON CIABATTA	14.5
VEGGIE - ROASTED MUSHROOM, PUMPKIN, HUMMUS, CAMELISED ONIONS, LABNE, ZA'ATAR ON CIABATTA (VGO)	14.5
CHICKEN - 'BANNOCKBURN' FREE RANGE CHICKEN, AVOCADO, MAYO, MIXED LEAVES ON SEEDED SOURDOUGH	15.5
LBK CLASSIC PORK - BRAISED FREE RANGE PORK BELLY, APPLE COLESLAW, SRIRACHA MAYO ON CIABATTA	15.5
ADULT TOASTIES - WITH HERB SALAD (VGO)	FROM 8.5

EXTRAS

FAT BACON	7
SMASHED AVOCADO / POTATO ROSTI / THIN BACON / SAUSAGE	5.5
ROSEMARY MUSHROOMS / ROAST TOMATO / FETA / SAUTEÉD SWISS CHARD AND GARLIC / TOMATO CHUTNEY	4
EGG POACHED OR SCRAMBLED	3.5
EXTRA SLICE OF 'RUSTICA SOURDOUGH' TOAST	2.5
BLACK RUBY GLUTEN FREE BREAD	ADD 1

KIDS

CHILDREN UNDER 12 YEARS OLD	
TOASTIE - HAM, CHEESE	6
CRUMPET WITH JAM OR HONEY	6
WAFFLE WITH JAM OR MAPLE SYRUP	6
EGG SOLDIERS - SOFT BOILED EGG, TOAST	6
EGG - POACHED OR SCRAMBLED, TOAST	7
ADD THIN BACON	3
DRINKS - ORGANIC OJ OR CHOCOLATE MILK	4

SWEETS

ALL OF OUR CAKES & SWEET TREATS ARE BAKED IN HOUSE BY OUR PASTRY CHEF
SEE FRONT DISPLAY FOR SELECTIONS

LBK PANTRY

AVAILABLE FROM OUR PANTRY

ALMOND MILK
BONSOY
CHUTNEY
JAMS
RUSTICA SOURDOUGH BREAD (PRE ORDER)
WILLOW ZEN FREE RANGE EGGS

DID YOU KNOW ALL OF OUR SAUCES, DRESSINGS AND JAMS ARE MADE IN HOUSE?

GFO: GLUTEN FREE OPTION / VGO: VEGAN OPTION

DURING BUSY PERIODS WE MAY NOT BE ABLE TO ACCOMODATE CHANGES TO THE MENU

PUBLIC HOLIDAY SURCHARGE 10%

A SHOUTOUT TO OUR SUPPLIERS:

BANNOCKBURN FREE RANGE CHICKEN
BLACK RUBY GLUTEN-FREE BREAD
DR. MARTY'S CRUMPETS
FIVE SENSES COFFEE
RUSTICA SOURDOUGH
SAVOUR & GRACE
THAT'S AMORE CHEESE
WILLOW ZEN AUTHENTIC FREE-RANGE EGGS
YARRA VALLEY ORGANIC TEA CO.

LBK DRINKS

FIVE SENSES 24.7 BLEND	R	L
BLACK	3.7	4.2
WHITE	4.2	4.7
SOY, ALMOND MILK, EXTRA SHOT OR DECAF		0.5
HOT CHOCOLATE	4.2	4.7
MOCHA / SPICED HOT CHOCOLATE / CHAI LATTE	4.7	5.2
YARRA VALLEY ORGANIC TEAS		4.5
ENGLISH BREAKFAST		
EARL GREY		
PEPPERMINT		
CHAMOMILE		
GREEN		
LEMONGRASS & GINGER		
MINERAL WATER	4	
ORGANIC ORANGE JUICE	6	
ICED CHOCOLATE / COFFEE / CHAI	7	
HAND-SHAKEN MILKSHAKES	7	
SALTED CARAMEL OR LAMINGTON		
RHUBARB AND CRANBERRY SPRITZER	7	
LYCHEE & PINK GRAPEFRUIT SPRITZER	7	
FRUIT PUNCH WITH PINEAPPLE, GINGER & MINT	7	
SUPER GREEN SMOOTHIE WITH BUCKWHEAT CRISPIES AND CHIA SEEDS	9	
ADD A SHOT OF ALCOHOL TO YOUR FAVOURITE LBK DRINK	6	

SPIRITS

SCOTCH - BALLANTINE'S	9	VODKA - ABSOLUT	9
SPICED RUM - THE KRAKEN	9	GIN - TANQUERAY	9
BOURBON - WILD TURKEY	9	RUM - BACARDI	9

PUBLIC HOLIDAY SURCHARGE 10%

ALCOHOL

SPARKLING	
PROSECCO VIGNAROSA EXTRA DRY BRUT NV, ITALY	9.5 / 43
APÉRITIF	
SPRITZ - CAMPARI, PROSECCO & FRESH ORANGE	14
NEGRONI - CAMPARI, GIN, SWEET VERMOUTH	16
CIDERS	
THE BAROSSA CIDER CO. SQUASHED APPLE CIDER	12
NAPOLEONE & CO APPLE & PEAR CIDER	14
BEERS	
TWO BIRDS SUNSET ALE	8
HAWKERS BREWERY IPA	9
PENTRIDGE PALE ALE	9
WHITES	
TRENTHAM 'RIVER RETREAT' PINOT GRIGIO 2016	8.5 / 32
MURRAY DARLING VIC	
WILLS DOMAIN SEMILLON SAUVIGNON BLANC 2014	39
MARGARET RIVER WA	
CASTILLO DE ALBAI BLANCO 2015	39
D.O.C. RIOJA SPAIN	
CORK CUTTERS CHARDONNAY BY ROB DOOLAN 2015	43
YARRA VALLEY VIC	
REDS	
PROTOCOLO TEMPRANILLO 2014	9 / 34
D.O. CASTILLA Y LEON SPAIN	
CORK CUTTERS CAB SAV BY ROLF BINDER 2012	42
BAROSSA VALLEY SA	
EVODIA GRENACHE 2015	42
D.O. CATALUNYA SPAIN	
DELATITE 'HIGH GROUND' PINOT NOIR 2016	46
MANSFIELD VIC	
VIGNAMAGGIO 'IL MORINO' SANGIOVESE BLEND 2014	46
TUSCANY ITALY	
MUSTER SHIRAZ SINGLE VINEYARD GRENNOCK 2015	52
BAROSSA VALLEY SA	
COCKTAILS	
RHUBARB, CRANBERRY, SODA & GIN	12
LYCHEE, PINK GRAPEFRUIT, SODA, MINT & RUM	12
PINEAPPLE, GINGER BEER, MINT & VODKA	12
BLOODY MARY - TABASCO, LEMON, WORCESTERSHIRE, VODKA & TOMATO	16
MOJITO - WHITE RUM, FRESH MINT, SODA, FRESH LIME & RAW SUGAR	16
ESPRESSO MARTINI - FRESH ESPRESSO, VODKA & KAHLUA	18



(03) 9469 5851

OPENING HOURS:

MON - FRI 7:30 - 4

SAT - SUN 8 - 4

KITCHEN CLOSSES AT 3PM

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FUNCTIONS / CATERING

DID YOU KNOW THAT WE CAN CATER YOUR UPCOMING FUNCTION OR EVENT?

CONTACT US FOR MORE INFORMATION:

INFO@LADYBOWER.COM.AU